ALLHANDS

MAGAZINE OF THE U.S. NAVY



JOHN C. STENNIS TO THE CONTRACT OF THE CONTRAC

NOVEMBER 1995

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BUDS

Photos by PH2 Scott D. Sagisi







Members of the Basic Underwater Demolition/Seals (BUDS) Class 201 hit the beach in a variety of ways, from running four miles in formation to "surf passage" training. BUDS training takes place at the Special Warfare Center, Naval Amphibious Base, Coronado, Calif.

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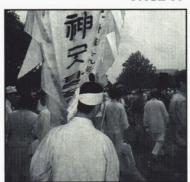
On the Cover

Front Cover: John C. Stennis (CVN 74) is the first carrier to establish a home page on the Internet. Art created by DM3 Brian R. Hickerson.

Back Cover: DT2(AW) Kevin K. Covington is a dental technician with Commander 3rd Fleet. Photo by PH2 Ted Banks.



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Charthouse

Return of families to Guantanamo Bay approved

Chief of Naval Operations ADM Mike Boorda recently announced the phased return of military and civilian family members to Guantanamo Bay, Cuba.

"You have all done a fine job taking care of the evacuee families," said Boorda. "Please continue to provide maximum assistance to the families as they complete the final phase of the Gitmo evacuation.

Thanks for a great job."

Once the FY96
Defense Appropriation Bill is approved, families with no dependent children will travel to Guantanamo Bay. Families with dependent children may return beginning Dec. 1. The controlled returns are based upon overseas

suitability screening, dependent entry approval and port call authorization. Evacuees will be given first priority.

"The return of the families to Guantanamo Bay ... is the right thing to do for our people," said ADM William J. Flanagan Jr., commander in chief, U.S. Atlantic Fleet. "It provides for the most cost effective manning, and is a key quality of life element for our Sailors stationed at Guantanamo."

In August and September 1994,

families were relocated from Guantanamo Bay Naval Base to the United States after a large influx of Haitian and Cuban migrants forced a shift in base resources. Now, nearly all Haitian migrants have been repatriated. Future plans for the base call for a gradual reduction in military manning and a scaling of facilities to fit a revised mission.

> Guantanamo will serve as a logistic facility, supporting air and sea operations in the Caribbean and limited joint exercises.

Prior to the shift to migrant operations, base military manning was at 2,100 personnel. Current manning will be at 1,300

personnel.

Military members and civilian employees in Gitmo should contact their command for further guidance. Family members with questions may contact the Guantanamo Bay Families Support Office at 1-800-255-3808. The Chief of Naval Personnel will release a NAVADMIN shortly with further guidance on procedures and entitlements.



New homes ease housing crunch

Military families ordered to the San Diego area, or those already on the Navy's family housing lists there, will soon have several new alternatives when choosing where to reside. The Navy is building 985 new townhomes at six San Diego construction sites in Santee, Lakeside, Mira Mesa, Chesterton and Chollas Heights.

Another housing development has been proposed for Naval Training Center property which will become available because of a 1993 Base Realignment and Closure Commission decision. The plan calls for up to 500 townhomes to be built on 87 acres set aside by the San Diego City Council.

Some of the new townhomes are expected to become available this year, with the remainder to open before 1998.

USO-Grams provide rapid mail service

What happens when the information highway meets the regular mail service for deployed ships? The result is USO-Grams.

They're fast, low-cost letters that keep Sailors in touch with loved ones. The letters travel from home to ship and back by computer and satellite in just a short time.

USO-Grams are non-emergency personal letters sent electronically through a ship's satellite communications system. A one-page letter costs \$3 to send to or from a ship.

To send a letter to a loved one, purchase a special diskette from USO Centers, the ship's store or a Morale, Welfare and Recreation (MWR) office. After writing the letter, save it to the disk and return it to the USO Center or MWR representative. The letter is

then sent to or from the ship using the Streamlined Automated Logistics Transmission System (SALTS).

The message is received at the other end in about two hours and the addressee is notified. The system is cheaper than Class E-messages and much faster than regular mail.

To receive a disk or more information, call (703) 934-8130 or write USO-Gram Program Office, 10089 Lee Highway, Fairfax, Va. 22030-1734.





Sea tours shortened for 19 rates

A Bureau of Naval Personnel (BUPERS) review of sea/shore rotation has resulted in 19 fewer rates having 60-month sea tours.

The periodic review is done by BUPERS personnel planners and helps maintain proper manning levels throughout the Navy. The new rotation will result in 34 rates with 60-month tours, down from the current 53 rates. The last review was completed in 1993.

The following rates and ranks dropped below 60-month sea tours: BT1, DCC, DCCS, DS2, FC2, GSM1, IC2, MA1, ML2, MR2, NC1, OS1, PC1, PM2, SH1, STG2, SMC, SMCS and SMCM.

Current projected rotation dates (PRDs) will change beginning June 1996, since personnel with PRDs through May are already in the detailing window.

More information is available in NAVADMIN 179/95.

Shore-based senior enlisted members are authorized subsistence allowance

Shore-based senior enlisted members, E-7 and above, are now automatically authorized basic allowance for subsistence, regardless of dependency status.

The change aligns Navy policy with the policies of the other

services. This update is effective immediately, but cannot be applied retroactively.

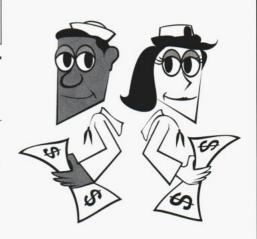
Current law does not allow this entitlement to be extended to members on sea duty.

Proposed annual uniform clothing allowances increase

The FY96 annual enlisted clothing allowance is expected to rise slightly for both men and women.

The standard replacement allowance for E-1 through E-6 men is expected to rise from \$284.40 last year to \$291.60. For E-1 through E-6 women, the allowance is expected to rise from \$263.60 last year to \$370.80. The larger increase for women is due to additions to their basic seabag. A basic allowance equal to 70 percent of the standard allowance is paid to Sailors for the first three years of service.

An annual clothing allowance is provided to all enlisted members, allowing them to replace seabag clothing items that have reached the end of their useful life. The proposed allowance increase has been submitted as part of the FY96 defense budget which must be approved by both houses of Congress and signed by the President before becoming effective.





Following a traditional first salute, ENS John Stoner greets Marine Corps Staff Sgt. Irving Anderson who served as drill instructor for Stoner's Seaman to Admiral OCS class.

Seaman to Admiral program graduates its first class

Story by CWO2 Jim Boyle and JO3 Marie Batman, photos by PH1 Jim Wiltraut

n the early 1960s, a young petty officer first class, eager to advance his naval career, took a step that changed his life and affected the entire U.S. Navy. Personnelman 1st Class Jeremy Michael Boorda became part of the Navy's Integration Program in 1962 and has since risen to become the first Chief of Naval Operations to have started his career in the enlisted ranks.

In April, 43 other former enlisted Sailors embarked

on the first step of a journey that could have similar results.

While the Integration Program was discontinued a couple of years after now-ADM Boorda was commissioned, its influence lasted for decades. The day after he became CNO in 1994, Boorda launched a new program that would once again provide the opportunity for outstanding enlisted Sailors to obtain a commission and pursue careers as unrestricted line officers.



- ◆ Officer Candidates John Stoner (center) and Clayton Mason (right) lead Officer Candidate School class members during morning parade. Intense military training is a major part of OCS.
- ▼ Officer Candidate Clayton Mason readies his uniform prior to his commissioning as a member of the first class of the Seaman to Admiral program.

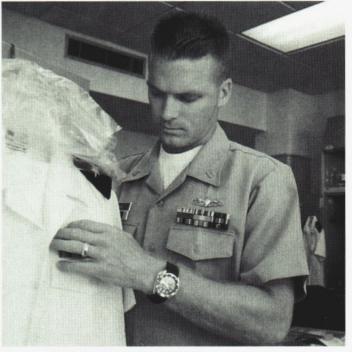
The first class of the new Seaman to Admiral program completed its Officer Candidate School (OCS) training at Naval Air Station, Pensacola, Fla., in July of 1995. Boorda, the commissioning officer, told the graduates they have something special to offer the Navy, and their enlisted experience should help them be especially good leaders.

Many of the new ensigns apparently agree with the admiral's assessment. ENS John Stoner of Ansonia, Conn., says having worked for officers for years has given him an appreciation of what he likes and what he doesn't. The former chief machinist mate said, "Being prior enlisted gives you a broader outlook about leadership in the Navy."

During his graduation remarks, Boorda said the success of the individuals involved would not be measured by the number of stripes or stars they accumulate as naval officers but by, "what you do with them along the way." He told the new ensigns that his decision to start the program was based on his feelings that, "people should have the opportunity to excel, and be all they can be, even if they don't get a perfect or traditional start."

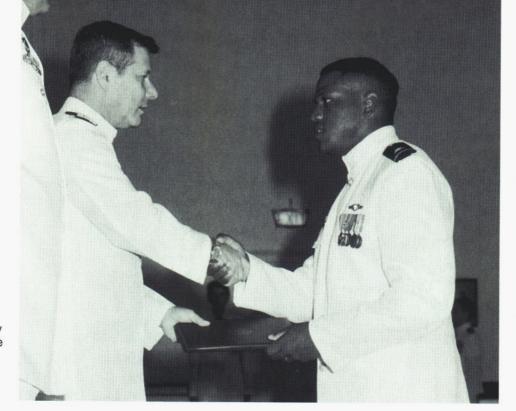
Boorda may have been speaking specifically of ENS Clayton Mason of Macomb, Ill. Eager to receive a commission, and previously unsuccessful in making rank, Mason, then a surface sonar technician, was seriously considering leaving the Navy to pursue his baccalaureate degree. However, all of that changed when his commanding officer informed him of the Seaman to Admiral program.

The Seaman to Admiral program requires candidates NOVEMBER 1995



to be a petty officer 2nd class or above, with a minimum of four years active-duty service. The Navy's newest ensigns were drawn from more than two dozen Navy enlisted specialties. The CNO stressed his desire to give the candidates a chance to demonstrate to others that "quality enlisted service, study and dedication can get you there."

Marine Corps Staff Sgt. Irving Anderson, the senior drill instructor for OCS, and the man responsible for the military training of the Seaman to Admiral candidates was pleased to have been assigned to the historic class. He said the former enlisted Sailors set an outstanding example for other OCS classes about "the way things should be done." He said their boot camp



■ ENS Edward N. Kelly (right), a graduate of the Seaman to Admiral program, receives this commission from CNO ADM Mike Boorda.

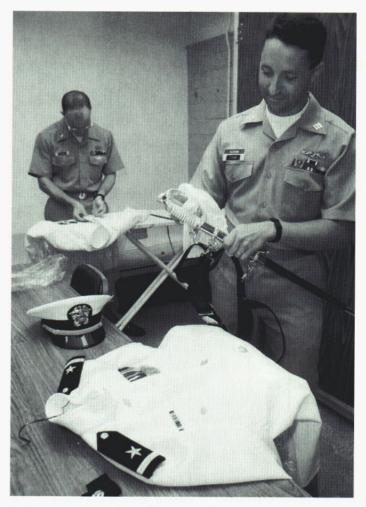
training taught them how to follow. OCS taught them how to lead. Anderson was confident the strong Navy background the candidates had going into the program would make them stronger leaders going out.

The newly commissioned ensigns will be assigned to various naval warfare communities and will continue with specific professional training. Following successful completion of initial sea duty and warfare qualifications, the officers will be administratively screened for selection to a bachelor's degree program at the Naval Postgraduate school.

A college degree and a commission were major incentives for ENS Scott Fairbanks of Dansville, Mich., and the Seaman to Admiral program fit the bill. One of his goals is to fulfill his former commanding officer's desire, "to see you in my wardroom some day."

Only one Seaman to Admiral class is authorized each fiscal year, and a special board was convened by the CNO in September to screen candidates for the class of 1996. ±

Boyle and Batman are assigned to the public affairs office, Chief of Naval Education and Training (CNET), Pensacola, Fla. Wiltraut is a reservist assigned to CNET for ACDUTRA.



▲ Dress whites and an officer's sword get special attention from Officer Candidate John Stoner who, along with a fellow candidate, prepares for his upcoming commissioning.

Quartermaster becomes an officer

Story by JO1 Austin Mansfield

or many people, "acing" their advancement exam would be the pinnacle of their career. For ENS Jerris L. Bennett, it was just another milestone in what promises to be a long and successful career.

When featured in the December 1993 issue of *All Hands*, Quartermaster 2nd Class Bennett had just made QM1 after scoring 80 points — a perfect score — on his advancement exam. This rarely achieved feat spurred Bennett on to higher achievement: selection for the Seaman to Admiral program.

After a few weeks in Officer Candidate School (OCS), Bennett developed a stress fracture in his right leg, setting him back to the next class. For the next eight weeks he ran on a broken leg, determined to make it through OCS. "While the other guys went out on liberty, I spent each weekend putting ice on my leg," said Bennett.

While running was the most difficult aspect for Bennett, it seemed the academics were most difficult for the other candidates in his class. "Being prior enlisted was a big advantage," Bennett said. "You find yourself being an after-hours instructor for the college students who have been in the military for only a few weeks."

The youngest of five children, Bennett has two brothers currently on active duty — Roy, a gunnery sergeant at Camp Lejeune, N.C, and John, a chief data processing technician at Naval Security Station, Washington, D.C. His father, retired Army Chief Warrant Officer 2 Jerris J. Bennett, administered the commissioning oath in a private ceremony following the ensign's OCS graduation.



ENS Jerris L. Bennett with his parents Mr. and Mrs. Jerris J. Bennett.

The new officer has some sage advice for other enlisted Sailors who may be thinking about commissioning programs. "Just do it. But be prepared to give 100 percent. You can't make it through this program giving any less than that.

"They stress teamwork, discipline and motivation. Even during pushups we had to shout 'teamwork' in one position and 'discipline' in the other," Bennett said.

It seemed Bennett had an abundance of those traits before he entered the Seaman to Admiral program. The commissioning of this former quartermaster may prove to be yet another pinnacle in a career studded with success.+

Mansfield is assigned to Chief of Naval Education and Training (CNET), Pensacola, Fla.

The first Seaman to Admiral graduates

ENS Claude W. Arnold Jr., Fairhope, Ala.; ENS Donald L. Gaines, San Diego; ENS Michael A. Harbison, Cincinnati; ENS Gary F. Keith, Louisville, Ky.; ENS Clayton J. Lang, Santa Rosa, Calif.; ENS John R. Reinertson, Harrodsburg, Ky.; and ENS Erik M. Thors, Pacifica, Calif., will be assigned to Naval Air Station, Pensacola, Fla., to begin flight school.

The following graduates will be assigned to Newport, R.I., for Surface Warfare Officer School: ENS Edmond A. Aruffo, Philadelphia; ENS Glenn A. Beisert, Cypress, Texas; ENS Darrin Branson, Dalton, Mass.; ENS Elizabeth M. Brown, Toledo, Ohio; ENS Donna I. Coccodrilli, North Massapequa, N.Y.; ENS Michael F. Davis, Middleburg, Fla.; ENS Scott D. Fairbank, Dansville, Mich.; ENS

Christopher G. Follin, Sumter, S.C.; ENS Jeremy J. Hawks, Port Jefferson, N.Y.; ENS Brett C. Hershman, Norfolk, Neb.; ENS Brent A. Holbeck, Brimson, Minn.; ENS Ricardo F. Hughes, Pensacola, Fla.; ENS Nicholas S. Kakaras, New York City; and ENS Duane E. Lambert, Gaithersburg, Md.

Also slated to attend Surface
Warfare School are: ENS Paul A.
Maddox, San Antonio; ENS Clayton E.
Mason, Macomb, Ill.; ENS Scott C.
McClelland, Walla Walla, Wash.; ENS
Mitchell K. O'Conner, Syracuse, N.Y.;
ENS James R. Poland, Ludowici, Ga.;
ENS Sean X. Rush Sr., Tallahassee,
Fla.; ENS Derek O. Sanders, Houston; ENS Nancy E. Schmidt, El
Segundo, Calif.; ENS Aaron D.
Shelton, Pagosa Springs, Colo.; ENS
James R. Sposato, Vineland, N.J.;

ENS John D. Stoner Jr., Ansonia, Conn.; ENS Robert W. Stover, Franklin, Ky.; ENS Eric J. St. Peter, Washington, D.C.; ENS Gabriel A. Varela, Phoenix; ENS Michael Vecerkauskas, Wilkes Barre, Pa.; ENS Carlos R. Williams, Placerville, Calif.; and ENS Kelly S. Williams, Greers Ferry, Ark.

The following will be assigned to Navy SEAL teams: ENS Matthew J. Burns, Metuchen, N.J.; ENS Mark W. Ellingson II, Washburn, N.D.; ENS Francis G. Franky, Medellin, Colombia; and ENS William R. Sutton, Roan Mountain, Tenn.

ENS Edward N. Kelly of Pittsburgh, will be assigned to Navy-Marine Corps Intelligence Training Center, Dam Neck, Va., to become a naval intelligence officer.

Protecting natural resources

Birds near top of pecking order

Story and photos by JO1 Ray Mooney

f you weren't looking for them, you'd squash them like bugs: tiny speckled eggs nestled in a little hollow of sand, in the middle of a busy naval air station.

The eggs will eventually be California least terns, a federallyprotected endangered species, and one of several bird species under the watchful eyes of biologists at Naval Air Station North Island, San Diego.

"We're up to 58 tern nests this year at North Island, which is the highest it's been in a number of years," said Elizabeth Copper, a

wildlife biologist contracted to monitor the Navy's least tern and snowy plover programs in the San Diego bay area. That nest number is up from six in 1987, a year following major development and inadvertent habitat destruction on the air station.

"There are only four or five young fledglings so far, [which means they have reached the age where they will fly.] That's our gauge of success."

The tern nesting site

at North Island, one of three managed by the Navy in the San Diego bay area, hardly seems a likely setting for eggs and baby birds. The asphalt- and sand-covered empty lot is an abandoned helicopter landing site, now fenced in and cleared of vegetation annually by a nearby SEABEE unit.

The San Diego least tern sites have accounted for as many as 70 percent of the region's fledglings in a year, according to Tim Burr, another Navy wildlife biologist in the San Diego area. That's quite an accomplishment, considering the North Island site is surrounded by an unnaturally high number of

predators, from feral cats to sea gulls and ants.

"Back in 1989, there was a big problem with ants actually getting into

➤ A burrowing owl stays close to home near the golf course at Naval Air Station North Island. Lawn mowing created the short-grass, prairie-like habitat that attracted the owls in the first place. Lawn mowing then inadvertently caved in the owl burrows each time the lawns were cut.



▲ Least tern eggs rest only a few yards away from rumbling Navy aircraft at Naval Air Station North Island. The nest is a slight depression in the sand and will be abandoned within hours after the eggs hatch.

eggs and killing the embryo, as well as killing the chicks," said Clark Winchell, the wildlife biologist at the air station. Now, through an agreement with the University of California at Riverside's entomology department, the ants are monitored and controlled.

"There are actually four programs we actively manage here at North Island," said Winchell. In addition to the terns, there are burrowing owls, herons and snowy plovers.

"The burrowing owl program



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actually grew out of the California least tern program," Winchell said. "It started five or six years ago, because burrowing owls prey on least terns. What we wanted to do was tag the owls and see which ones were bothering the tern colony."

What biologists soon discovered was that lawn mowing caved in the owl burrows and wiped out the population. According to the Migratory Bird Treaty Act of 1918, it's a federal crime to destroy the owl nests, although the species isn't listed as threatened yet.

"Marking the nests with PVC pipes forces the lawn mowers to drive around the holes. We're at our best year ever," Winchell said. They've gone from 10 or 12 nests five years ago, to more than 30 nests today.

Great blue herons and blackcrowned night herons also have a spot reserved at North Island, occupying the upper reaches of two

Wildlife biologists for the Navy, band and weigh a least tern chick at NAS North Island. The chick is about two-and-a-half weeks old, weighs 36 grams and will be flying in just a few days.

large trees along the waterfront.

"First of all, it's just prudent wildlife management to look after more than just the species protected by law," said Winchell. The herons at North Island are not an endangered species, but leg-banding and tracking their natural history establishes a precedent that will help the biologists defend the birds if they are threatened by habitat destruction or disease.

"Monitoring the snowy plover began a couple years ago and the Navy led the charge, knowing the plover was likely to be listed [as a threatened species]," Copper said. "The Navy was sensible enough to go ahead and start gathering information before it was listed, so they would have some idea what kind of problems they were facing."

At Naval Amphibious Base Coronado, Calif., just up the road from NAS North Island, last year's plover productivity was among the best in California, according to Copper. "At North Island, we're still trying to find out where they nest. They're hard to find, hard to see and there aren't as many, but once we find them we've already



▲ Black-crowned nights herons and great blue herons occupy the uppermost branches in these trees at North Island. The heron displayed prominently here is a black-crowned night heron.

learned a lot about what's required to protect them."

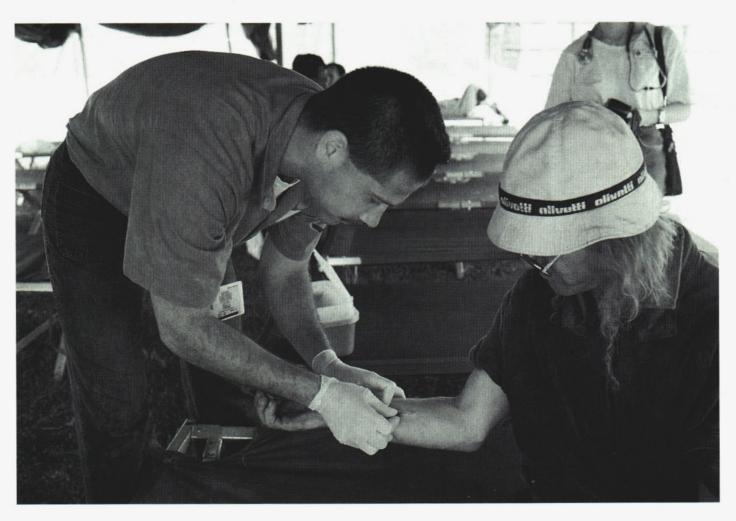
The Navy's biologists agree it's easier to work with a species like the burrowing owl, whose numbers aren't seriously threatened, than to rebuild a drastically reduced population. "When the species is [near extinction] your options are very limited as to how you're able to recover it," Burr said. "We want to look ahead before things get to that level. It's much more difficult to design recovery programs for endangered species than it is to raise the population of the bird before it's in trouble."

They're working at both ends here, vigilant against threats to both the strong and the fragile, aware that neither can stand alone against the one almost insurmountable predator – us. ‡

Mooney is a San Diego-based staff writer for All Hands.



OPERATION STAND DOWN STANDS UP FOR HOMELESS VETS



Story and photos by JO1 Ray Mooney

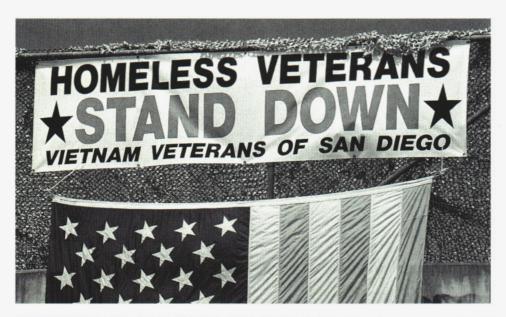
unny San Diego. Site of warm breezes, cool beaches and millions of tanned and toned Californians. At least, that's what the travel brochure says. It doesn't mention the 7,000 homeless people, 2,800 of whom are military veterans, according to the San Diego Vietnam Veterans Association.

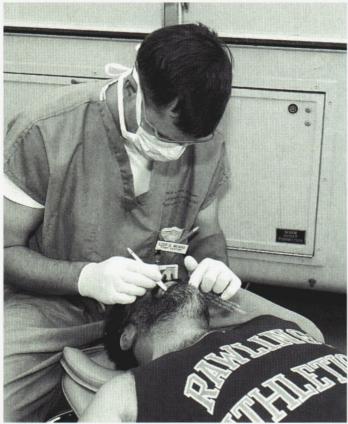
Operation Stand Down '95 was an effort by various veterans groups and Navy and Marine Corps volunteers to help some of these former service members. "It's an annual event and this is its eighth year," said Aviation Electrician's Mate 1st Class (AW) Robert Watkins, security chief for the local event. "Sixhundred-fifty homeless people are brought into the

camp and they're given food and a place to sleep. They receive assistance for legal problems and job counseling to help get them back on their feet."

Navy health professionals provided medical and dental care. According to ENS Suzanne Desrochers, a pediatric nurse at Naval Medical Center San Diego, "We have everyone come in and we ask what their complaints are. We give them a physical exam, listen to their lungs and check their mental status. If there's anything we can do here on the spot, we do it," said the Springfield, Va., native.

"Every year they have this program available and I try to come out to do a little good for the community,"





said Hospital Corpsman 2nd Class Franklin Sorrell, as he drew blood from a homeless vet for an HIV test. "Some people may not get this testing because of their circumstances, and I'm just happy to do it."

Operation *Stand Down*, conducted nationwide at various sites, held a special note of inspiration last year for AE1(AW) Amos Bailey, a member of the security force. "I came out here last year and there was a homeless guy I served with back in 1977. He was ranked No. 1 at his command, a first class aviation ordnanceman, was ready to make chief, then got busted for drugs."

- ▲ A banner at San Diego High School welcomes homeless vets to Operation *Stand Down '95*.
- ≺≺HM2 Franklin Sorrell, from Salem, N.J., draws blood for an HIV test on a homeless veteran during Operation Stand Down '95. Sorrell is stationed at the Branch Medical Clinic, Naval Training Center, San Diego.

The sight of his former shipmate in such dire straits taught the Cleveland, Miss., native a lesson. "That told me that you only have to make one or two bad decisions, and that could be me. That hurts."

Desrochers, who identifies herself as both a resident of the San Diego community and a future veteran, feels honor-bound to do what she can for this cause. "These are veterans — people who have served our country. I feel it's my duty to come out and help."

While these veterans certainly appreciate new shoes and hot meals, some are here to satisfy a need that goes beyond the realm of the physical. "I know a lot of people come here because they need the help, and I'm one of them, but it's not just that," said Paul Williams, a former Marine who served in Vietnam. "We come here for the brotherhood, the camaraderie. It's the way people should be toward one another. You shouldn't just have to be in a military environment to get it."

That sense of camaraderie pervades the site at San Diego High School. There is a special bond between the helpers and the helped. Although none of these volunteers acknowledge this could happen to them, both Williams and Desrochers echo the same sentiment: "If it's ever needed, I hope someday, somebody is going to be there for me." ±

Mooney is a San Diego-based photojournalist for All Hands.

Navy officer lets the good times row

Story and photos by JO2(AW) Michael R. Hart

hen you look at LT Dale P. Hurley, you're not overwhelmed by his physical presence. He looks more like a yuppie suburbanite, than a world-class rower.

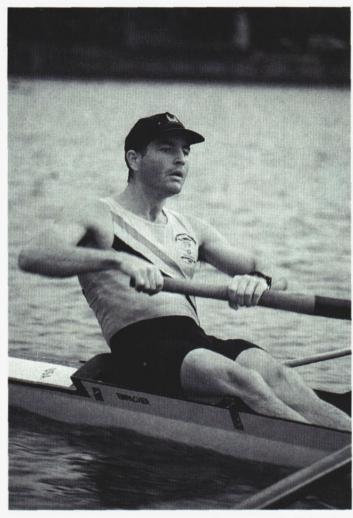
Examining Hurley closer you notice his lean and wiry 6-foot-1-inch frame. His shoulders, thighs and calves are well-defined from years of rowing. Veins stand out on his forearms like miniature waterways. His 159 pounds give way to just a smidgeon of body fat.

Hurley, a five-time member of the U.S. Lightweight National Rowing team, is stationed at Commander, Logistics Group Detachment, Earle, N.J. Currently, he's on a TAD assignment in Philadelphia where his mission is training for the World Rowing Championship Games in Tampere, Finland. "My command is

extremely supportive," said Hurley. "I have a duty to do well. There's just no question. I've got to produce."

The Philadelphia native and his partner, Ross S. Flemer, train twice a day, seven days a week under the direction of Ted A. Nash, a former Olympic Gold Medal rower who's also coached many Olympic medal winners. They're on the water from 6 a.m. to 8 a.m., then again at six in the evening, rowing 20 to 24 miles a day. Weightlifting is also part of their routine — three times a week.

Hurley doesn't seem to mind the strenuous regimen. "If it were easy



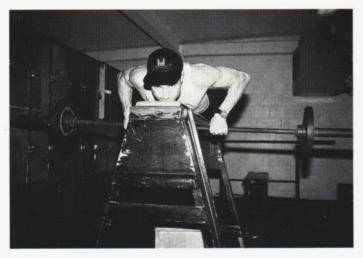
LT Dale P. Hurley, a member of the U.S. Lightweight National Rowing team, trains twice a day for the World Rowing Championship Games in Tampere, Finland.

everybody would be doing it," he said. His easy going, reserved demeanor, however, is a stark contrast to his unparalleled work ethic. "He's truly a joy to work with," said Nash after completing a morning workout. "Dale is a gem. His work ethic is unbelievable. Sometimes I have to make him stop training."

Hurley's love for rowing comes from his high school days as a relay swimmer. "I liked the relays because everyone worked together as a team and rowing is the same thing," said Hurley, whose rowing career began in 1985 at the Naval Academy. "When I'm rowing, I not only feel my power, but also the people rowing with me. We work and feed off each other."

Hurley and Flemer, along with many other Olympic hopefuls, train on the Schuylkill River in northeast Philadelphia. They effortlessly maneuver their long, graceful boat through the water. The only evidence of exertion is the blanket of sweat on their faces. The only evidence of imperfection in their rowing — at

SPORTS





least to the untrained eye — is from Nash, who bellows technical instructions through a bull horn from a nearby motor boat.

The rowers make the necessary corrections throughout their workout, seemingly oblivious to the pain. "Rowing is like a runner's high," said Hurley. "You get going and start pushing yourself to the limit, but you keep on pushing. It's an unusual sport," he said. "I look at myself from the outside in and ignore the pain and become part of the motion."

After 10 years of rowing, the lieutenant doesn't see himself rowing competitively much longer. "Maybe two more years," he said. How does he want to end his career? "Winning an Olympic Gold Medal. That's my goal. Everybody hopes ... [to be] ...the very best. I think this sport gives me the opportunity to say I was a world champion." ±

Hart is a photojournalist for All Hands.

✓ Weight training three times a week is also part of LT Hurley's strenuous workout schedule. Here, he performs some bentover rows to strengthen his shoulders and arms.

► Hurley and his partner, Ross S. Flemer, get a game plan for their evening workout from coach Ted A. Nash, a former Olympic Gold Medal rower.

The Hurley File:

Name: Dale P. Hurley Rank: Lieutenant Born: July 19, 1967

Place of birth: Alexandria, Va. Rowing Career Highlights:

1989 — 4th place at U.S. Elite Nationals (Lightweight Pairs)

1990 — Bronze medalist at the Olympic Festival

U.S. National Lightweight Rowing team member

1991 — Silver medalist at the Elite Nationals (Lightweight Four-man, Lightweight Eight-man)

U.S. National Lightweight Rowing team member

 Bronze medalist at World Lightweight Rowing championship

1992— U.S. National Lightweight Rowing team member

 5th place at the World Lightweight Rowing championship

1994— Member of first-place, eight-man team in Henley Royal Regatta

U.S. National Lightweight Rowing team member

 5th place at the World Lightweight Rowing championship

1995— 1st place at Elite Nationals (Heavyweight Pairs)

2nd place at Elite Nationals (Heavyweight Four-man)



SWISh

Middie pops net at Olympic Festival

Story and photos by JO1 Ray Mooney

Michael Jordan • Patrick Ewing Shaquille O'Neal • Charles Barkley Michael Heary

Maybe you've never heard of that last guy, but he's still worth mentioning.
Their common bond? They've all pounded the hard-

wood at the U.S. Olympic Festival basketball competition. This year's crop, made up of college freshman and a few high school seniors, included Midshipman Michael Heary, a shooting guard from the U.S. Naval Academy, Annapolis, Md.

"I never thought, coming out of high school and going to the Naval Academy, that I'd be here playing in this

type of event,"
Heary said.
But his numbers tell a different story. He came off the

bench at Annapolis last year to score a freshman record 382 points for a 13.6 game average. That was good enough to get him named to the Patriot League All-Rookie Team and spark some national interest.

"About December or January during the season, my coaches had me fill out a questionnaire for the Olympic Festival," Heary said. "I thought it was probably a long shot, being from the Academy and competing against players from all these other big-time programs." He was wrong. The good news came shortly after the NCAA tournament, which the Navy was one victory short of attending.

After spending three weeks this summer with the Marines in Quantico, Va., as part of his introduction to military life, Heary showed up in Denver where his

> East squad, led by Massachusetts head coach John Calipari, played teams from the North, South and West.

At 6 feet 5 inches tall and 200 pounds, Heary was a role player last year at Annapolis, coming off the bench at shooting guard or small forward. When that same task was required of him in Denver, he accepted it. "My minutes are a lot less here. and I'm not really a goto guy on this team, but I came off the bench all year as the sixth man at the Academy. I know the mind-set you need coming off the bench when you have to get

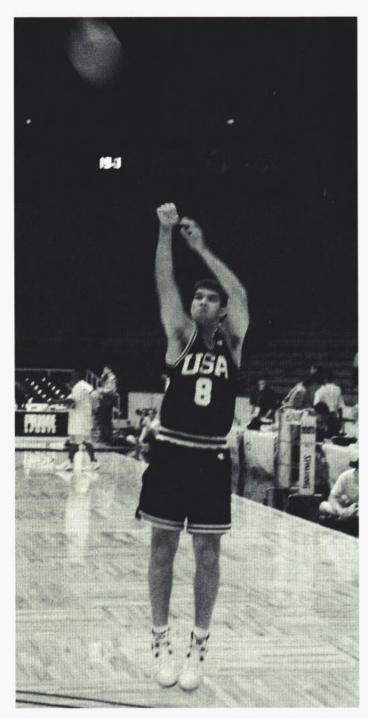


Michael Heary is ready to make a move for the basket during competition at the U.S. Olympic Festival. Heary scored a freshman record 382 points for a 13.6 game average last year at the Naval Academy.

your shot and do your thing."

"He's a terrific young man," Calipari said of the future Navy officer. "He has good court awareness, he shoots the ball well. He's very aggressive and active, and if he doesn't get a lot of minutes he takes whatever you give him and makes do. He's going to show you that he should be playing more. You always want players like that on your team."

The East squad won two of their three games before the medal round, including a heart-pounding overtime



▲ At 6 feet 5 inches tall and 200 pounds, Michael Heary has good court awareness, is very aggressive and shoots the ball well, according to his U.S. Olympic Festival basketball coach, John Calipari.

victory over the South that put the East in the gold medal game. The East squad settled for a silver medal when the North sank a buzzer-beater that ended the competition. It's the seventh silver medal the East squad has taken in U.S. Olympic Festival basketball competitions. Although the teams are different every year, the East is 0-7 during gold medal games.

Still, there's more to competition than winning. Heary averaged only 14 minutes, but 5 points a game during the 40-minute contests at the Olympic Festival.



Naval Academy shooting guard/small forward Michael Heary warms up with the East team during the 1995 U.S. Olympic Festival in Colorado Springs, Colo.

▼ Michael Heary on representing the Naval Academy at the U.S. Olympic Festival: "... being from the Academy, representing America is a very patriotic feeling. Being a part of all this is a real honor."



The experience itself was something he'll always treasure. "The thing for me was, being from the Academy, representing America. It's a very patriotic feeling, being a part of all this. It's a real honor."

According to Calipari, "He's more of a quiet leader rather than a rah-rah guy. He leads by example — by working hard, being on time — doing the things he's supposed to do. Those [are the] kinds of things you can count on and leadership is about counting on people. You know he'll be there for you." ‡

Mooney is a San Diego-based photojournalist for All Hands.



Toons

Editor's note: All Hands received more cartoons than we expected, so we thought we'd keep printing them. If you draw cartoons, please send them to us and we'll see if we can work them into the magazine. For more information call us at DSN 288-4171/4182 or (202) 433-4171/4182.

OS2 J. Romulus of New Rochelle, N.Y., is assigned to USS *Anchorage* (LSD 36).

HM3 Robert Creager assigned to Naval Hospital Pensacola, Fla.



"WE'RE OUT OF FLIGHT LINE...BUT, ENGINEERING SHOULD HAVE THE RELATIVE BEARING GREASE."

NAVY HUMOR





Story by JO2 Wendy Hamme, photos by Adam Buchanon

ven before there was a United States Navy, there was a quest for knowledge of the sea. Navigation and safe passage through the waters of the world were a primary concern. Today, naval oceanography echoes that same need — to understand the dark, cold waters of the world's oceans, and how they affect and interact with the atmosphere.

In 1990, then Oceanographer of the Navy RADM Richard Pittenger, wanted to share the knowledge the Navy had gained during the last 200 years with young Americans. Together with Gilbert Grosvenor, Presiden of the National Geographic Society, he developed approgram to put teachers and American middle school.

AG2 Julie Brown (left) and a Marco Polo student launch a weather balloon from the deck of USNS Kane (T-AGS 7).



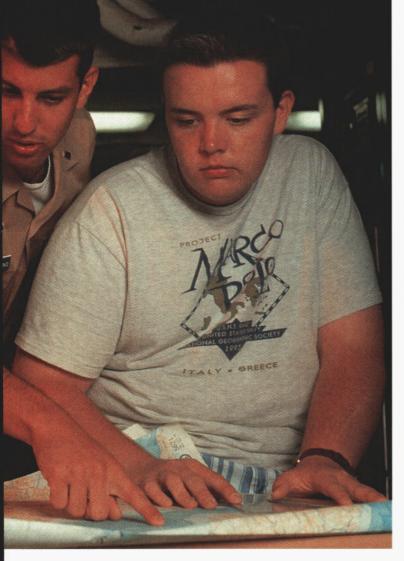


▲ Marco Polo '95 students and teachers on the deck of USNS Kane.

➤ AGC (AW) Jim Richmond and student Nicole Traxel check wind speed and direction before a weather balloon launch aboard USNS Kane.



ALL HANDS



■ "Bull" Ensign Chris Giordano, a Bay St. Louis, Mo., native assigned to the Naval Oceanopgraphic Office, teaches Marco Polo students Holly Patchell (left) and Patrick Wilson, both from West Virginia, how to chart and navigate a course in USNS Kane's survey control room.

▼ AG2 Julie Brown and student Lehua Hauanio, of Hawaii, prepare the instrument package for a weather balloon launch. The package, known as the radiosonde, will sense the temperature, pressure and winds aloft.



students on Navy oceanographic ships working overseas. They named their idea Project *Marco Polo*, after the 13th century explorer.

Students from Hawaii, Wisconsin, West Virginia and Mississippi were brought together last summer aboard USNS *Kane* (T-AGS 27) sailing from Naples, Italy, to Souda Bay, Crete.

"Participating in this program has been the absolute highlight of my teaching career," wrote Kirsten Stromgren, a teacher from Hawaii in a letter to Oceanographer of the Navy, RADM G.W. Davis VI. "It will bring the subject matter into life for my students."

Students performed navigation, ocean-bottom mapping, biological sampling, meteorological observations, physical and geological oceanography and learned basic nautical skills and seamanship. All of the information they collected will be processed for inclusion in the Navy's oceanographic data bases to support worldwide military operations

On land the group explored the Italian and Greek mix of people, cultures, politics and religions, as well as the complex influence of geography in the history of both countries.

"I won't forget anything I learned on this trip," said 13-year old Nicole Traxel of Brookfield, Wis. "I can't wait to graduate high school so I can work more in the field of biological oceanography!"

The program offers greater exposure of the Navy's ocean survey work, which is vital to the safe and effective operation of U.S. ships. It also adds a vital oceanic element to the National Geographic Society's 10-year campaign to restore geography to U.S. schools.

Participating students and teachers are chosen through the National Geographic Society's Geography Education Alliance. A science and geography education curriculum is developed each year, and each participating student and teacher is required to spend the following year addressing school and community groups about the importance of geography and science in education, and the Navy's role in ocean science. Teachers provide follow-up lesson plans in oceanography and geography which are then distributed to teachers across the country by the National Geographic Society. ±

Hamme is assigned to Fleet Imaging Center, Atlantic Combat Camera Det., Sigonella, Italy. Buchanon is a photographer hired for the program through the National Geographic Society. Some information was compiled for this story from the Oceanographer of the Navy's Marco Polo '95 Cruise Book.

A war remembered...



hey came from all over the world to remember a war long forgotten. Korean War veterans gathered in Washington, D.C., recently, to be part of the dedication of the Korean War Memorial.

"I believe this is really a homecoming" said Levi Lucero, a former machinist mate 3rd class. Lucero was stationed aboard USS *Skagit* (AKA 105) as a throttleman in the engine room during the Korean War.

Lucero joined thousands of Korean War veterans as they reminisced with their former comrades. "Sometimes it was fun, sometimes it was tense — very tense," said Lucero, a native of Las Animas, Colo. "We were there from the time [the war] started until it ended, and the average age of those who served was 18," he said. The war lasted from June 27, 1950, to July 27, 1953.

The Korean War Memorial is located on 2.2 acres of The National Mall, near the Lincoln Memorial, across from the Vietnam Memorial. Nineteen statues of ground troops marching toward the American flag

20

Story by JO2(AW) Alida Toler, photos by PH3 Sammy Dallal







- ▲ Three former Korean War veterans proudly join dedication ceremonies.
- ∢ A visitor to the Korean War Memorial touches the etching of a soldier.
- ▼ President Clinton lays a wreath at the Tomb of the Unknown Soldier at Arlington Cemetery, Arlington, Va., honoring those who served and died during the Korean War. This ceremony launched the four-day commemoration for Korean War veterans and the dedication of the Korean War Memorial.



represent American and multi-national United Nations troops. The flag is surrounded by a reflecting pool at the highest point of the Memorial.

Directly behind the statues is a highly polished granite wall measuring 164 feet long. It contains photographic etchings of service personnel doing their jobs. These unidentified personnel are meant to be a haunting reminder of those killed in action. Visitors are allowed to take rubbings of the wall images. Many of the attendees at the dedication ceremony left pictures and personal mementos of fallen comrades or family members.

"I've seen some of the members from other ships that were there when I was. [Through this memorial,] we can [finally] relate to each other," Lucero said.

Toler is a staff writer for All Hands.

Navy personnel in the Korean War

—1,177,000 Navy served during the war;

—458 Navy officers and enlisted were killed in action:

—1,576 Navy personnel were wounded in action; and

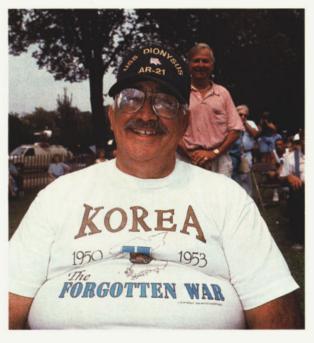
—7 Navy members were Medal of Honor winners.

Source: Naval Historical Center Designed by: Brian Hickerson



- ≺ The Navy Honor Guard solemnly marches during dedication of the Korean War Memorial.
- ✓ Korean band members wait for the dedication ceremonies to begin.



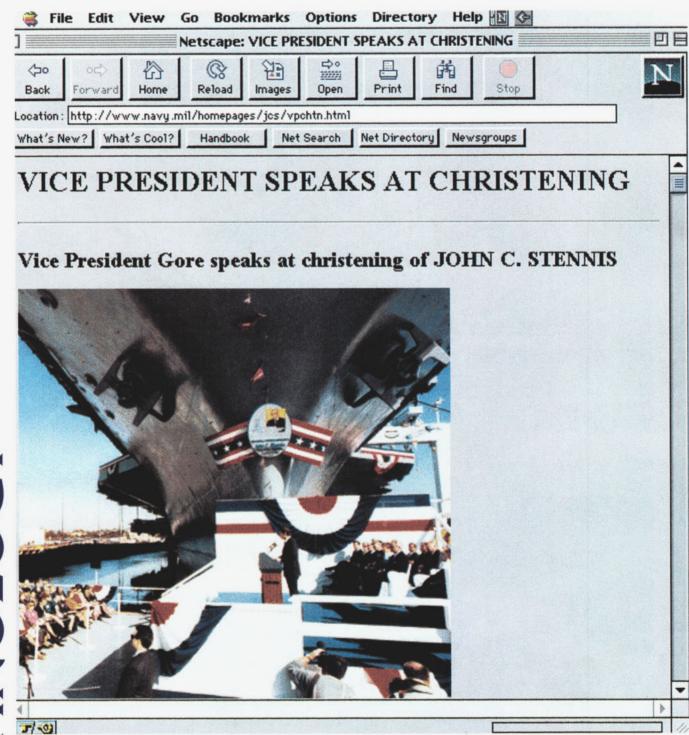


- ▲ A former Sailor celebrates during the commemoration of the "Forgotten War" and the opening of the Korean War Memorial.
- ▼ The 19 larger-than-life statues represent the multinational United Nations and American troops who fought the war on foot through grueling conditions. The formation of statues appears to march toward the American flag.

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Carrier makes home port on Internet

Story by JOC(SW) V.T. Minton, photo by LT Bill Garlinghouse



ohn C. Stennis (CVN 74) is the first aircraft carrier to establish a home page on the Internet. "Net surfers" can reach the home page at the Navy Online web site, http://www.navy.mil/ Then cursor down the list of topics and click on John C. Stennis (CVN 74) near the bottom of the Navy OnLine home page.

A home page is an interactive document that leads to other documents, photos, graphics, etc. This is done through hypertext, an effective way to organize links from one piece of information to the next. A surfer on the Stennis home page can move from one related subject, photo, graphic, etc., to the next by simply clicking on the highlighted subject.

The "surfer" who brings up the John C. Stennis

USS JOHN C. STENNIS (CVN 74)

Welcome Aboard

- Ship's Sea
- Senator John C. Stennis Mission and Capability

Pictures of Construction

- Governor of Mississippi Visits USS JOHN C. STENNIS (CVN 74) and USS GEORGE WASHINGTON (CVN 73)
 Yies President Gons speaks at Christening.
 Mrs. Margaret Stennis Womble Christening the Ship
 Ship moves from dry dock to guilfitting pier
 Ship moves from only time pier to galaquible basing pier.

- oves from outfitting pier to catapult testing pier

News Releases

- TOL. John C. Stennis Hall
- Crewmembers Return from Arabian Gulf
- . JOHN C. STENNIS First Sailors of the Year Recognized

Stennis's home page on the World Wide Web

home page finds a unique variety of information and photos, including a ship's "Mission and Capabilities" page. Click on the section labeled "Construction of an Aircraft Carrier" and the user can read about the

intricacies of building a massive warship and see recent construction photos. Click on the section, "Ship's Seal," and find a full color seal and a synopsis of the significance of individual parts of the seal.

CDR Gregory J. Pitman, the ship's navigator, has been the home page's primary designer and implementer. "I started it because it was something fun to do, and the possibilities are basically limited only by the imagination," said Pitman. "The first version was a very simple document, and from there I had a lot of fun seeing what else I could do. My goal was to make John C. Stennis the first carrier with a home page on-line."

"Being the first carrier to have a home page simply signifies how this carrier has been operating all along," explained CAPT Robert

Klosterman, the ship's commanding officer. "We've been very conscious about bringing this ship to the fleet with the most modern and up-to-date systems available. Since the Information Highway is an emerging technology, we've jumped aboard and plan to use it to serve our internal and external audiences better."

The ship's public affairs office (PAO) will soon take responsibility for the home page and use it as an informational tool for friends and families of the ship. All news releases and associated photos will be inserted into the home page as they are released.

Informational documents such as Welcome Aboard brochures and Familygrams will be inserted as well. The page can also be used to keep the ship's families informed with timely updates about the ship's operations while at sea.

The PAO is also working closely with the John C. Stennis Center for Public Service in Mississippi to include biographical information about Senator John C. Stennis on the home page.

Senator Stennis served with eight presidents, beginning with Harry S. Truman in 1947 and ending with Ronald Reagan in 1988. His 41 years of consistent support for a strong military led to his recognition by President Reagan as "The Father of America's Modern Navv."

John C. Stennis will be the seventh *Nimitz*-class aircraft carrier. The 1,092 foot long carrier is under construction in Newport News, Va., and will be home to 6,200 Sailors once under way, with the air wing embarked. The ship is scheduled to be commissioned into the active fleet in December 1995.

Minton is assigned to the public affairs office, John C. Stennis (CVN 74) and Garlinghouse is the photo officer for John C. Stennis.



Most large commercial on-line services offer Internet access and provide the web browser software necessary for access. Here, Chris and Joey Garlinghouse of Virginia Beach, Va., keep up with news of their Dad's ship, through the John C. Stennis home page at http://www.navy.mil

TEEMECICINE On board USS Abraham Lincoln (CVN 72)

Stories by JO1(SW) Mike Breeden, photos by PH3 Russell S. Cramer

hen Airman Michael M.
Cooper got under way for
a WESTPAC cruise
aboard USS Abraham Lincoln
recently he had no idea that he'd
have to undergo surgery at sea. As a
result of a new neuro technology
called telemedicine, Cooper's
laparoscopic hernia operation went
very smoothly. He was back to
work within a couple of days with
very little discomfort.

Telemedicine — the use of information systems technologies to assess patient conditions and guide treatment remotely — is a newly designed, cutting-edge method of improving medical care. It was made available to the ship during its current western Pacific deployment.

"We have performed five suc-

cessful surgeries using these techniques since April. We performed the first laparoscopic hernia repair on board an aircraft carrier at sea two days after we left port," said LCDR (Dr.) Miguel A. Cubano, ship's surgeon.

"Since then, we have performed three more laparoscopic hernia operations and a doctor performed a circumcision under the guidance of a physician at Johns Hopkins University Applied Physics Laboratory (APL) in Baltimore. through the use of telemedicine." A fullyqualified, experienced surgeon was present on board ship to oversee the procedure.

Robert Stewart,

systems developer at APL, negotiated \$250,000 of satellite time for the ship for use in the research of the telemedicine method at no cost to the government. APL also loaned about \$40,000 worth of computer equipment to the ship to conduct the research.

Abraham Lincoln's medical staff also negotiated for free use of a \$40,000 laparoscopic setup, as well as the telemedicine equipment. The taxpayer was spared the \$330,000 price tag of the equipment and satellite time.

But the real savings is not measured in dollars and cents. "The people who had hernias repaired (using the laparoscopic technique)

were back to work within a couple of days with little or no pain. The traditional surgical method is associated with several days of bed rest and considerable pain," Cubano said.

Patients are usually concerned about the effect of surgery on their body, such as pain and scars.

"I elected this method because I thought it was better than the old method," said Cooper. "I didn't want a large scar and they told me that it wouldn't be as painful."

Although the benefit to the crew is important to the Navy, there is also a great benefit to the public.

"It's good for the public to know the Navy has the most up-to-date equipment available," said Stewart. "This equipment has future applications that could revolutionize the way care is provided."

Lincoln's medical staff is using these devices to improve the standard of care for the crew. More importantly, they are advancing



LT Joseph H. Luther, general medical officer, assists LCDR (Dr.) Miguel A. Cubano, ship's surgeon, with initial evaluation of a hernia. Cubano is exploring the patient's abdomen using a laparoscopic endoscope while consulting with a physician, through the use of telemedicine.

knowledge of these technologies so the world can benefit.

More opportunities for use of this equipment will come about. Meanwhile, the high-tech world of laparoscopic surgery is no further away than USS *Abraham Lincoln's* sick bay. ±

Breeden, Cramer and Altevogt are assigned to the public affairs office, USS Abraham Lincoln (CVN 72).

CHNOLO

High technology brings Sailor closer to home during cruise

hanks to modern technology, a crew member of USS *Abraham Lincoln* (CVN 71), was able to do what seemed to be impossible. During the middle of a WESTPAC cruise, he was able to visit his four-month-old son who had just had surgery — without ever leaving his ship.

Petty Officer 2nd Class James Lane televisited his wife and son using high-tech telemedicine equipment and got a first-hand update on his son's condition.

"It wasn't clear from the information we were getting if it was serious outpatient surgery," said Lane. "It's a lot different than just talking on the phone. I could actually see he was okay."

Abraham Lincoln also installed satellite phones for the crew as well, prior to deployment. According to Lane, the new technology enables Sailors to enjoy much higher quality-of-life standards while at sea. "Phones on the mess decks and now computers we can call home with — it is quite an experience," he said.

The medical team is very optimistic on future uses of televisiting which may include psychiatry. ±

▶ PO3 Daniel B. Clem, medical department expert on telemedicine equipment and software, makes the initial satellite communications hookup with physicians at Johns Hopkins University Applied Physics Laboratory.

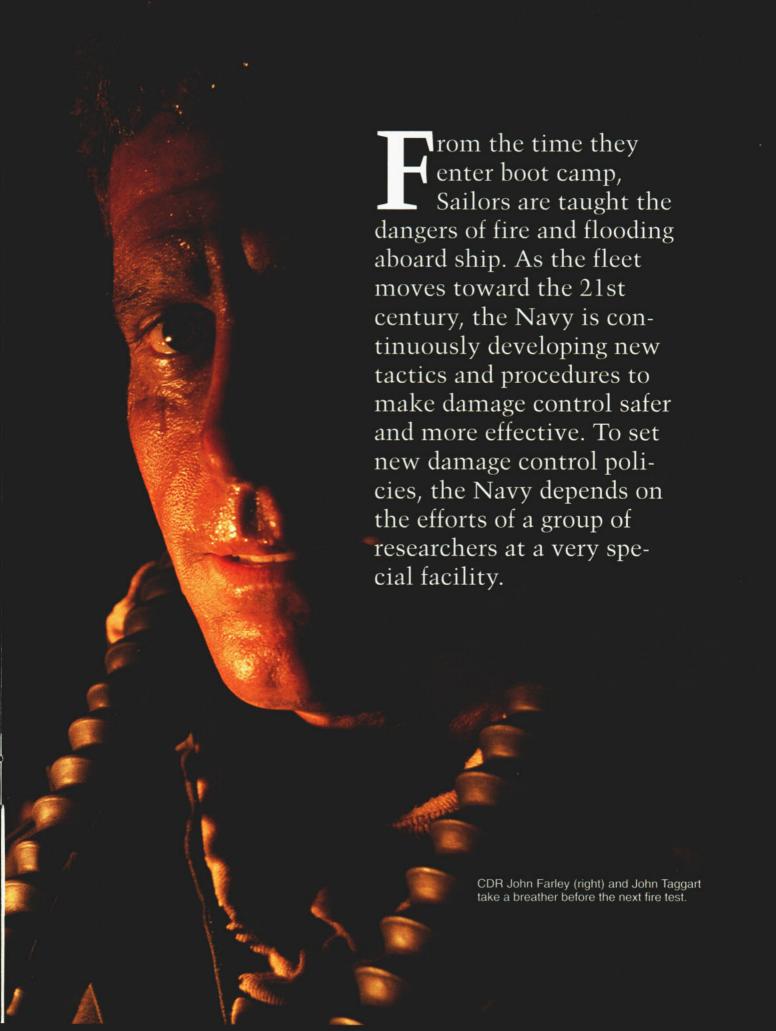


▼PO2 James Lane, VS-29, prepares to televisit with his wife, Ashley, and son, Chad.

Some LIKE it

Story by JO1 Ron Schafer, photos by PH1 Dolores L. Anglin





- Sailors from USS Enterprise (CVN 65) practice damage control techniques in the simulator on board Shadwell.
- → Steel deck plates, bowed from the heat of intense fires, collect water sometimes 2 to 3 inches deep in the fire testing areas of Shadwell.
- Daniel T. Gottuk (right), and Michelle J. Peatross, engineers with Hughes Associates, monitor compartment conditions during a Class Bravo fire exercise.

Permanently moored off the Alabama coast in Mobile Bay, *Shadwell* (LSD 15) is a retired dock landing ship which now serves as the Navy's full-scale damage control research, development, test and evaluation facility. Operated by the Navy Technology Center for Safety and Survivability, a branch of the Naval Research Laboratory, the *Shadwell* project was designed for researchers to study a variety of damage control procedures from passive fire protection and halon replacement to casualty response and recovery.

"We're responsible for testing new tactics and doctrine for the damage control organization and looking at new technologies which may help in the future performance of our Sailors on the deckplates," said CDR John Farley, project officer and test team leader for *Shadwell*.

Currently, *Shadwell* is involved in a series of Class B fire attack exercises, including a full-scale experimental study of backdrafts. A backdraft is an extremely hazardous phenomenon created when air is introduced into a fuel-rich fire compartment with limited or no ventilation. The focus of the exercise, according to Farley, is to find the explosive hazard that may be associated with a Class B fire.

"We're looking at some options which may relieve a worst-case scenario and, in turn, further testing will look at more realistic scenes when dealing with main-space fires."

In conducting more than 35 tests on board *Shadwell*, researchers successfully developed a safe and reproducible backdraft scenario. The researchers assessed the effect of ventilation in spaces next to the fire compartment and demonstrated that water spray is a good method for reducing the danger of backdraft explosions. It is this type of testing which translates into new doctrine for the fleet, much of which can be seen today.

However, firefighting is only part of the picture. The *Shadwell* project is also instrumental in developing improvements in other areas of damage control from repair locker configuration to flooding.

Earlier this year, a team from USS Enterprise (CVN 65) was on board Shadwell participating in a series of tests of the fleets' damage control procedures. While he was quick to point out that Shadwell is not a training platform, LCDR Dave Zilber, damage control assistant on board Enterprise, said the tests were a great learning experience and will eventually benefit the Navy.

"I think about everything we learned," Zilber said, "and what we tried out will appear in the upgrades to the NAVSHIPS tech manual on practical damage control. Eventually, the procedures will get into the schoolhouses and the emphasis will be on the procedures that we found work best under certain conditions."

"Shadwell is probably about as real as you can get as far as damage control," said Hull Technician 3rd Class Robert J. Kennedy, a repair division crew leader on board Enterprise. "The only better scenario would be actual damage to a ship. When you're walking through a space on Shadwell and see a hole is blown in the side of the ship, and you walk through the berthing compartment and the water pressure blows you









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CDR John Farley monitors the fire until the last possible moment before exiting the test space.

across the berthing spaces, ... it makes you appreciate what damage control is all about."

With all that *Shadwell* is capable of, the platform's mission is still as basic as the name of its operating command — safety and survivability. According to John Taggart, *Shadwell*'s safety leader, that simple idea is the driving force behind everything they do.

"That's our main purpose in life here," he said, "keeping those Sailors alive and keeping those ships going — that's the bottom line." \pm

Schafer is a Norfolk-based staff writer for All Hands. Anglin is a photojournalist for All Hands.



Navy considers alternative breathing devices

While new tactics and procedures are continually being developed to increase safety and effectiveness in the area of damage control, advances in technology and equipment are providing Sailors with better tools to combat shipboard casualties.

Naval Sea Systems Command (O-3G) and the U.S. Atlantic Fleet Non-Development Items Facility are two of the commands involved in developing equipment to ensure the safety of the fleet's damage control personnel.

To find the "son of OBA" (oxygen breathing apparatus), the Navy may be turning to an open-circuit self-contained breathing apparatus. Several are being considered but the primary features of each remain the same — a high-pressure cylinder of compressed air that travels through a pair of regulators and into a face piece. The first regulator steps the pressure down to an intermediate level, the second to almost ambient pressure. The process of expanding the compressed gas provides cooler

air to the face piece. In addition to being considerably cheaper to operate, the device uses a gauge to allow the user to keep track of exactly how much air is left in the tank and has an alarm which sounds when the level drops to 25 percent.

A supplied-air respirator system is being looked at to support gas-free engineering personnel who work in environments which are immediately dangerous to life and health such as fuel tanks, sewage tanks and other ships' voids. The system is made up of a compressed air tank outside the space that provides air to the user through a lifeline up to 200 feet long.

The user is also equipped with a remote air supply (RAS) — a small, positive-pressure breathing apparatus worn on the hip which connects to the same face piece and is used in the event an emergency escape is necessary. If the lifeline is disconnected or becomes inoperative, the user simply opens the valve on the RAS which provides approximately 15 minutes of air, more than enough to enable the user to exit the space.

Other items that have been approved or are under consideration include improvements to standard Navy fire fighting ensembles, particularly helmets and gloves, and potential replacements for the shipboard emergency escape breathing device (EEBD).

Schafer is a Norfolk-based staff writer for All Hands.





Friendships in the Baltic Sea

Story by CAPT Norris Jones, photos by JO2 Kurt Wesseling

ailors usually remember high points from cruises, but for those on five American ships, highlights from the recent *BALTOPS '95* exercise became an information overload of unusual liberty ports, great training and new friends.

"This is the best cruise I've been on, in terms of the places we've seen and the very hospitable people we've met," said Cullman, Ala., native, Navy Counselor 1st Class (SW) Joseph Tankersley of USS *Philippine Sea* (CG 58).

The 23rd annual *BALTOPS*, a U.S. invitational, multinational exercise in the Baltic Sea, combined 37 ships, submarines and numerous aircraft in a two-week evolution conducted in the spirit of NATO's Partnership for Peace.

Participants in this year's *BALTOPS* exercise included naval forces and observers from Denmark, Estonia, Finland, Germany, Ireland, Latvia, Lithuania, the Netherlands, Poland, Russia, Sweden and the United States.

This year's exercise marked

Russian sailors prepare to heave a line as USS *Taylor* (FFG 50) ties on to the pier in Baltiysk, Russia, for a four-day port visit after successfully completing *BALTOPS* '95.

► AE2(AW)
Nicholas J. Wisner explains what each of his ribbons represents to Latvian reporters during a press conference on the flight deck of USS Taylor (FFG 50) during a port visit to Riga, Latvia.

▼ IC1(SW) Marty Everette trades his Enlisted Surface Warfare Specialist badge for a Russian captain's Command at Sea badge aboard USS Taylor (FFG 50) in Baltiysk, Russia.



several first-time events: the first maritime exercise to include units from all the Baltic nations, the first *BALTOPS* in which non-NATO tactical aircraft (Polish MiG-21s) participated, the first time a former Warsaw Pact submarine (Polish *Foxtrot*-class) participated and the first time the U.S. Navy's new patrol craft were involved.

During more than 100 drills, participants developed and improved their maritime skills related to emergency response missions, embargo operations, humanitarian and disaster relief missions and peacekeeping.

The exercise followed a four-day port visit to Aarhus, Denmark, where crews of USS *Philippine Sea*, USS *Clark* (FFG 11), USS *Taylor* (FFG 50), USS *Ty-phoon* (PC 5) and USS *Sirocco* (PC 6) toured the city's unique streets, attractive squares, cafes and parks.

One of the key objectives of the exercise was promoting cooperation among the nations and navies of Northern Europe. Each day while under way, scores of Sailors transferred between the ships for day-long visits, enabling them to see how each navy conducts



business at sea.

"These personnel exchanges were among the most important accomplishments of the exercise because they allowed direct, personal understanding between the Sailors and promoted understanding between our navies," said RADM Joseph S. Mobley, Commander, Carrier Group 2, who conducted the exercise. "If you start at [the deckplate] level, then there is a real contribution to be made."

Boatswain's Mate 3rd Class Christopher A. Webb, from Fairborn, Ohio, got a chance to visit the Lithuanian ship *Zemaitis*.

"It was an educational experience, learning how Sailors in another navy live, work and play — meeting people from a nation that just started down the road of democracy," said Webb. "It's something I will tell my children years from now."

Webb said he was surprised at the similarities between former Warsaw Pact countries, like Poland and Lithuania, and the United States.

"Young people were enjoying the same music we do and many wore apparel with U.S. college and professional sports insignia," he said.

Fireman Apprentice Marlin Anderson, of Little Rock, Ark., said Kiel, Germany, topped the list of places he saw during the 100th Anniversary celebration of the Kiel Canal. "The number of sailing boats and tall ships (more than 1,600 boats and ships were registered) was amazing," he said.

The five U.S. ships were "must see" attractions,

drawing crowds to every port they visited, while Sailors volunteered for community relations projects that were well-received by local residents.

"A lot of guys in the ship's chief's mess realize *BALTOPS* is a career cruise, a once-in-a-lifetime kind of thing," said Montone, Ind., native, Chief Fire Control Technician (SW) James P. Johnson of *Philippine Sea*.

BM1(SW) Robert Lindstrom, of Boca Raton, Fla., picked up a rock from every new country he visited. "But the most important thing I collected from *BAL-TOPS* are great memories."

Jones and Wesseling are reservists assigned to CINCUS-NAVEUR during BALTOPS '95.



Russian children, like young Viktor, were especially enthused by the arrival of USS *Taylor* (FFG 50) and excitedly awaited their turn to come aboard. Viktor donned a white hat and neckerchief while he toured the ship. More than 1,500 Russians toured *Taylor* during the Baltiysk, Russia, port call.

✓ Sailors from USS Philippine Sea (CG 58) volunteered their time to paint an orphanage in Klaipeda, Lithuania.

Sailors step to

Story and photos by JO2 Mark Higgins

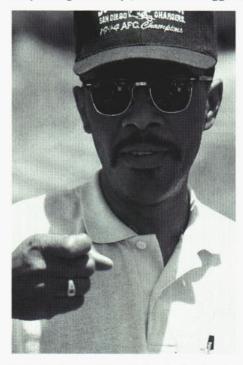
nder the watchful eyes of trained law enforcement officers, Seaman Anna M. Bird shouts, "Slowly open the door of your vehicle, keep your hands where I can see them and step out of the car!" Bird is a student attending the Phase I training course at the Naval Station San Diego Police Academy. With her pistol drawn, Bird continued the procedures of a felony vehicle traffic stop.

"Put your hands in the air. Keep your palms facing me and slowly walk backwards without turning your head," she said, while two fellow students provide backup from another vehicle. Within minutes, the suspect is handcuffed and placed in a patrol vehicle.

"It's been a great experience, and I hope I can take all I've learned and apply it in the field," said Bird, from Eugene, Ore.

The police academy is part of the training division within the Naval Station San Diego's security department. It was the first of its kind when established more than 20 years ago. More than 6,000 civilian and military members have passed through the doors of the Navy Inspector General's (IG) top-ranked Navy police academy. An estimated 350 students graduate each year from the basic, intermediate or specialized police services courses.

"The general populous is misinformed about law-enforcement training," said Keith



Chief instructor Roy Staten instructs students on how to hold a pistol properly.

Johnston, an instructor at the academy since 1983, and a former Washington, police officer. "There's so much more than just guns, handcuffs and batons. A thorough understanding of military, state and federal law is critical."

Nearly 90 percent of the course work involves academic studies. The comprehensive law-enforcement curriculum combines practical law-enforcement techniques with classroom lectures. Lessons range from standards of conduct and crisis intervention to rape awareness and basic biology.

Students vary in age and job experience. At age 50, retired Chief

Boatswain's Mate Vincent Brooks is just beginning his second career and will soon graduate from the academy. After retiring from the Navy's San Diego Ship Intermediate Maintenance Activity in 1988, the Atlantic City, N.J., native said he feels at home.

"It makes me feel like I'm in the military again because I'm back in uniform," said Brooks, the class leader. "It's something I've always wanted to do."

Brooks said he sees similarities between serving in the military and becoming a police officer. "You have to be a people person in this job, as we had to be in the Navy," he said. "In both jobs, you have to interact with people and help them find solutions."

During a practice exercise, sounds of gunshots ripped through the air, as Chief Instructor Roy Staten — who spent 23 years in law enforcement and 10 years as an instructor — bolted from a vehicle and fired blanks at a student police officer.

"If you want to last in this profession, you can't take anything for granted," said Staten as he transformed from villain to instructor. As the students watched the practice scenario unfold, Staten continued his demonstration.

"You can't get complacent, people, that's how you die out here," Staten said. "You can't ever forget the dangers!"

the beat M



"We continually train ourselves to keep our edge," said Larry L. Kurtz, a 49-year-old, one-time Army captain who now directs the training academy.

Kurtz, a Los Angeles native who also served in the Marine Corps as a staff sergeant, teaches graduate and undergraduate courses in criminal justice at National University in San Diego. He said being named the best of the best speaks well of the program. "It's



- ≺ Keith Johnston (right), an instructor at the academy, teams up with Roy Staten to discuss the next aspect of training to the class.
- Y Seaman Anna M. Bird draws her pistol on a suspect in a training scenario.

"You can't get complacent, people. That's how you die out here – you can't ever forget the dangers!"

Roy Staten

nice to receive these accolades by an inspecting team," he said, referring to the September 1994 IG results that rated the academy as the best law enforcement training facility in the Navy. "It says our training is applicable and of the highest quality, so that always makes you feel good."

The new security and police NOVEMBER 1995



officers will soon be called upon to carry out the mission of protecting and serving members of the naval station.

"I'll never forget this course as long as I live," said Brooks, with a satisfied smile. "When I graduate, I'll know I've [completed] the best police training the Navy has to offer." ±

Higgins is assigned to the public affairs office, Naval Station San Diego.

Allegiant

Armed Forces converge for coastal warfare exercise

Compiled by JO2 Michael Hart, photos by PH1 Patrick Cashin

ore than 1,000 Reserve and activeduty U.S. Navy, Army, Air Force, Marine Corps, Coast Guard and National Guard men and women from the Eastern United States and a contingent of Canadian forces converged on U.S. Coast Guard Training Center, Cape May, N.J., for Allegiant Sentry '95.



▲ CDR Raymond Resnick, executive officer of NR Mobile Diving Salvage Unit 2, Det. 304, inspects the hull of a Coast Guard vessel as part of a security exercise during *Allegiant Sentry*. Resnick is a native of Hackensack, N.J.

➤ The Army's 555th Military Police Company and Marine 2nd Squad Fast Platoon stand ready to defend the main gate of tent city from aggressive forces.



Sentry 95

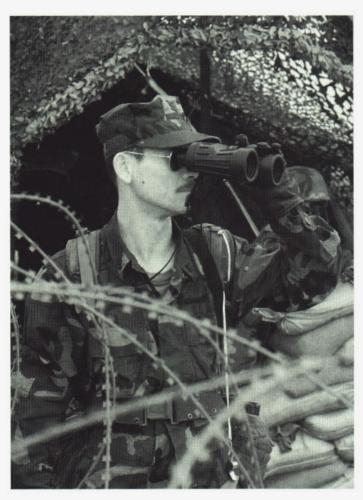




The month-long exercise, under the direction of the Commander, Maritime Defense Zone Atlantic, was vital in training service members in harbor defense and port security capabilities. The hands-on exercises allowed 54 different military organizations to maintain the interoperability of active-duty and reserve forces.

Allegiant Sentry '95 simulated the overseas deployment of U.S. armed forces in a low-intensity conflict scenario. The simulation trained and tested the capabilities of units such as composite naval coastal warfare, port security, mobile inshore undersea warfare, inshore boat, explosive ordnance disposal detachments, mobile diving and salvage units and various security-related units from all across United States. \$\pm\$





- ◄ A U.S. Coast Guard vessel, acting as port security, pursues a mock intruder.
- ◆ CE3 Minh Ha, of Mobile Inshore Undersea Warfare Unit (MIUWU) 202, stands the main gate security watch at the MIUWU's compound.
- ▼ Members of MIUWU 202 stow a tent at the end of exercise Allegiant Sentry '95.





- ◀ Members of Mobile Inshore Undersea Warfare Unit 202 move a generator into place.
- ◀ U.S. Coast Guard Medical Officer LT Mark Gellasch (left) and HM2 Karen Davis give medical attention to simulated heat stroke victim LCDR Nancy Jacobs.

Sailor credits Navy, parents for success

reigned silently between the United States and the Soviet Union. But the Cold War was often fought with sound — and Sailors like Ocean Systems Technician (Administrative) 1st Class Wilberto Sosa listened. "We are one of the first lines of defense for the country," said Sosa, assigned to Naval Ocean Processing Facility, Dam Neck, Va. "We provide intelligence to the fleet before anyone else knows about it."

Sosa is the senior petty officer for the operations department and is responsible for detecting sound using a passive sonar surveillance system.

Technicians analyze the data and can distinguish noises made by different types of submarines, ships, aircraft and marine life from normal ocean background noise. The information is then relayed to the fleet.

"We collect lots of environmental data including live marine life," said Sosa.

"It took a lot of experience and training to get where I am today," said Sosa. "When I came into the Navy, I was extremely immature and naive. I had a lot of street smarts because that was all I ever knew. Since coming in the Navy, I've grown into a leader and gained a lot of self-confidence."

During his second reenlistment, Sosa said he came to a crossroads and decided to make the Navy a career. "I was getting good at what I was doing, and when you get good at what you do, your attitude changes," he said.

Sosa credits his success to his parents. "They always stressed the importance of education and disciplined us if we got off course.



OTA1 Wilberto Sosa

We all graduated from high school. I joined the Navy, because I didn't want to attend college in New York City. My parents were very happy I made the move. I've grown as a result."

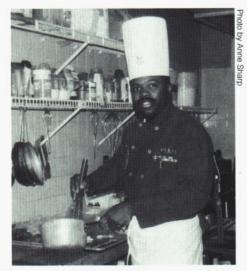
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Story by JO2 Brian Ellis, a photojournalist assigned to the Norfolk Public Affairs Office.

Navy chef cooks for the President

ver wonder how to get assigned to the White House, or just exactly who gets those coveted jobs? By the end of this year, Commander Destroyer Squadron (COMDESRON) 24's, Mess Management Specialist 1st Class (SW) Charlie S. Redden will be serving up his fare to the staff of the White House Mess.

A native of Wilmington, Del., Redden was one of the top 10 students in a three-year culinary arts program in 1978. From this exceptional group, he was chosen to serve as an apprentice to Executive Chef, Roland Johnson from 1978-1980 at the



MS1(SW) Charlie Redden whips up lobster with clam sauce at a Jacksonville Beach, Fla., hotel.

Hotel DuPont in Wilmington, Del., then-rated among the top 10 restaurants in the world.

From his motto "Winners never

quit and quitters never win," he decided to pursue a career in the Navy and enlisted in 1980. During his naval career, Redden has been assigned to USS South Carolina (CGN 37), Naval Air Station Lakehurst, N.J., USS Fulton (AS 11) and Naval Station N.Y.

Redden compiled a cookbook of his best dishes. His book features many low-fat recipes that don't compromise taste for healthy eating. Tentatively titled *The Captain's Cabin*, his book is pending publishing.

Redden has been nominated three times to join the kitchen staff at the Vice President's residence

This year he was nominated to the White House for the first time. DESRON 24's staff will miss his cooking, but wish him all the best in his new challenges. \$\pm\$

Story by LT Pete Reihn who was with the public affairs office, DESRON 24.

MODELS OF SUCCESS

Personnelman does it all

e emulates everything positive that we envision about our Navy and our people," said CAPT Mike Kellard, commanding officer of Naval Air Reserve (NAVAIRES) Point Mugu, Calif., about Personnelman 1st Class Michael Ellis.

Ellis, a New Orleans native, is NAVAIRES manpower department's leading petty officer. This summer Ellis received a master's degree in theology from Golden Grain Bible College and Seminary in Saticoy, Calif., and is pursuing a doctorate in theology.

He's been in the Navy for 16 years and says he's tempted to apply for the Navy's Chaplain Corps. "I feel there's a lot I need to do outside the Navy, but if I join the Chaplain Corps I will learn about all the Christian religions and be more diversified," he said.

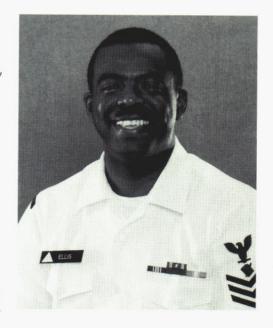
Ellis is also a certified instructor

for the Navy's Campaign Drug Free, the president of the Associate Minister's Ministerial Alliance of Ventura, Calif., and the vice president of Jackson Ministries which helps disadvantaged citizens by providing them food, clothes, blankets and prayer services. Ellis is also a member of the NAVAIRES basketball team.

Ellis considers his marriage to his wife Angela his greatest achievement. "She's been so supportive" he said. "I couldn't have done everything that I've done without her. She keeps me motivated."

As a father of six, Ellis says he has to prioritized his time so he doesn't neglect his family. "Whatever is lowest on the totem pole gets knocked off so that I can have time with my family," he said.

"He gives the Navy 100 percent, but he gives his family so much



more," added Kellard. "He strives at every opportunity to improve himself. He's a role model to us all." \updownarrow

Story and photo by JO3 Denise Garcia, assigned to the public affairs office, Naval Air Weapons Station, Calif.

Corpsman goes for gold

came in the Navy as a hospital corpsman so I could have a chance to serve with the Marines," said Hospital Corpsman Matthew Lamb, now at Naval Hospital Pensacola, Fla.

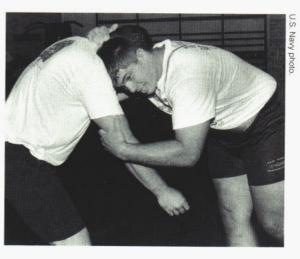
All Lamb wanted to do was be like his dad and join the Marine Corps. But his mother wasn't too fond of the idea. So Lamb found a perfect solution to the problem since corpsmen are often assigned to Marine Corps units.

But serving with Marine units isn't the only opportunity Lamb has found in the Navy. The 22-year-old corpsman has a shot at competing as a wrestler in the 1996 Olympic Games in Atlanta, Ga.

During the recent Armed Forces Wrestling Championship at the Olympic Training Center in Colorado Springs, Colo., Lamb won the gold medal in the 286-pound Greco-Roman competition and the silver medal in freestyle wrestling. "It's the best sport on earth. I learn something new about myself every time I step on the mat. There is nothing like it. No team sport compares. There is no one to blame, no fault put on anyone but yourself if you lose. It's the toughest aspect

of the sport, but the one I like the best."

In addition to the time he spends on the job and in training, Lamb, said he enjoys sharing his experience with others, especially youths. "Helping kids is one of the most rewarding things you can do," said Lamb. He hopes through his career as a corpsman and his success as a wrestler, he provided a good role model for America's youth and



HN Matthew Lamb

other Sailors to emulate.

"Being a corpsman is one of the most vital jobs in the Navy. I hope I've had a positive impact on others. I try to do my best in everything I do and help as many people as I possibly can." ±

Story by JO1 Matthew Gowan, a photojournalist assigned to the Navy Public Affairs Center, Norfolk.

Bearings

Twins make joining the Navy a family affair

he Navy's nuclear power programs are often described as the most academically challenging courses the Navy has to offer.

Recently, however, a milestone was reached when Christopher and Joanna Silvers of Calhoun, Ga., enlisted in the Navy's Delayed Entry Program (DEP). The two are fraternal twins and the first brother and sister twins to be accepted into the Navy's nuclear power program.

The twins realized the benefits offered through Navy programs from their brother, John, who also qualified for the nuclear field academically, but was disqualified because of color blindness.

"John is the first person I placed in the DEP pool," said Operations Specialist 2nd Class Jeffrey Priest, the Silvers' recruiter. "I immediately realized the potential for recruiting his brother and sister after meeting his family."

Priest met the Silvers family during John's high school graduation ceremony.

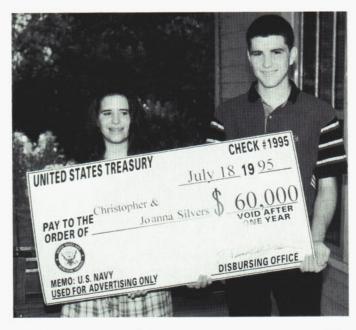
"I told Joanna that she could earn \$30,000 for college through the Navy College Fund," Priest said. "It was just a matter of time from that point."

Priest sparked Joanna's interest in the Navy, which prompted her to learn more about the programs.

"I wanted to find out as much as possible," Joanna said.

College was also a driving force for her brother's interest in the Navy.

"The Navy is going to help me receive a free education and pay me while I go," Christopher said. "I hope to receive a commission through the Naval Academy and



continue my education beyond that point."

The benefits offered through the Navy were excellent incentives for the twins, but they weren't an easy sell for Christopher. "The first time I came to their house, Christopher ran to the back of the house and wouldn't come out at all," Priest said. "He didn't want anything to do with me or the Navy."

Now, both twins eagerly await their graduation from Gordon High School next year in anticipation of joining the Navy.

The pair will be designated for their initial training in one of three nuclear core fields: machinist's mate, electrician's mate or electronics technician.

The second phase of their training takes place at the Nuclear Field Class "A" school in Orlando, Fla., which varies in length from 13 to 28 weeks, depending on the rating for which they are training.

Nuclear Power School, also in Orlando, is the next step in their

Joanna and Christopher Silvers, fraternal twins accepted into the Navy's nuclear power program, will receive \$30,000 each through the Navy College Fund.

becoming qualified nuclear power plant operators. This 24- week school covers all academic subjects needed to understand the theory and operation of a nuclear propulsion plant.

The twins expect their competitive spirit will give them the extra boost they will need in their studies to be successful in reaching their goals.

Acceptance into the Navy's nuclear field program may be one of many firsts for the Silvers twins. They both have expressed an interest in pursuing a commission.

While Joanna plans to explore environmental engineering, Christopher plans to one day be the Navy's top officer. \$\pm\$

Story and photo by JO1 Julius L. Evans, assigned to the NRD Atlanta public affairs office.



Husband and wife team named Sailors of the Year

arried couples on active duty in the Navy are nothing new. But in Virginia Beach, Va., Data Processing Technicians 1st Class Nancy and Robert Adams have taken that relationship to another level.

The Adamses were named 1994 Sailors of the Year (SOY) for their respective commands — Nancy at Tactical Training Group Atlantic and Robert at Naval Surface Warfare Center, Port Hueneme Division, East Coast Operations, both located at Fleet Combat Training Center, Dam Neck, Va. In addition, Nancy was the TRALANT Shore SOY for non-Commander Naval Education and Training commands.

"It was unbelievable," said



DP1s Robert and Nancy Adams were chosen Sailor of the Year at their respective commands in Dam Neck, Va.

Robert, a native of Scottsville, N.Y. "Neither command knew the other was up for it. When both commands realized what had happened, they began talking to each other."

Nancy and Robert agree there is no secret to their success. According to Nancy, taking things in stride is the approach that has worked for them.

"We're both pretty easy going," said Nancy, an Osceola, Ark., native. "So it's easy for us to maintain a sense of humor and keep things in perspective."

"You always look for the silver lining in any situation," added Robert. "If you continue to look, the bad stuff never measures up."

"You have your goals and you just can't let the little frustrations get in your way," said Nancy, "because then, it affects everything you do." \$\pm\$

Story and photo by JO1 Ron Schafer, a Norfolk-based staff writer for All Hands.

SEAL saves woman in Norfolk

fter finishing a successful temporary assignment of duty at Fort A.P. Hill, Va., Gunner's Mate (Guns) 1st Class (Special Warfare/SEAL) Douglas J. McQuarrie was anxious to check back into his command and head home to relax. He hadn't planned on becoming a hero.

McQuarrie, attached to Naval Special Warfare Group 2 at Naval Amphibious Base Little Creek, Va., was driving through the Ocean View section of Norfolk when several police cars sped by him. When he saw a crowd gathered at the Pretty Creek Bridge, he decided to stop and offer some assistance.

"I identified myself as a Navy SEAL and asked the nearest police officer if there was anything I could do," said McQuarrie, a Princeton Junction, N.J., native. "He told me there was a woman out there drowning. I couldn't see her and he couldn't tell exactly where she was because she had drifted under the bridge — there was a pretty good current that day."

Moving down the bank and meeting a second officer, McQuarrie spotted the woman floating about 100 yards out in the water. Rescue personnel were trying to get a boat out to the woman but were having difficulty getting their craft under the low bridge. As the only qualified rescue swimmer on the scene, McQuarrie took action.

Lila Hess was lying on her back with her head out of the water and, according to McQuarrie, looked unconscious or even dead. When he reached to retrieve her, however, she reacted.

"I lifted her up out of the water and pulled her back and got right next to her ear and said, 'relax, I've



GMG1(SW/ SEAL) Douglas J. McQuarrie of Princeton Junction, N.J., calls his rescue of a drowning woman, "what I've been trained to do."

got you. Just take it easy.""

McQuarrie briefed police on the victim's condition, and assisted rescue personnel in placing her on to a stretcher for transport to a hospital.

Throughout all the media attention, McQuarrie remained humble. "I really don't consider myself a hero," he began, "because I did what I've been trained to do and did what I had to do. I'm just glad it worked out really well." \$\pm\$

Story and photo by JO1 Ron Schafer, a Norfolk-based staff writer for All Hands.

Bearings

USS *Abraham Lincoln* Clown Troupe keeps America's presence colorful in Kuwait

In a recent cultural exchange between Kuwait and USS Abraham Lincoln (CVN 72), crew members continued to make a difference in the Arabian Gulf. But instead of desert camouflage fatigues, their uniforms were oversized-pajamas and rainbow wigs. Their mission: take no prisoners with their humor.

Fourteen members of the *Abraham Lincoln* clown troupe visited Kuwait City at the request of the U.S. Embassy and performed three shows.

According to Command Chaplain, CDR Bob Milewski, the group's coordinator, the troupe's first stop turned out to be a recordsetting performance.

At the Green Island Amusement Park in Kuwait City, the clowns entertained approximately 800 people. Many in the Roman-style arena who had never before seen a live American performance were intrigued by the prankish skits and frolicking dance routines.

After the confetti throwing and juggling acts, the clowns braced themselves as the kids stormed the stage for the long-anticipated balloon-sculpting event.

"Going on the stage and into the crowd were two different things [for us]. But when the kids ventured onto the stage, it was really wild," said Photographer's Mate 2nd Class Geoff "Jingles" England, from Santa Cruz, Calif.

The next day, the clowns divided into two groups, one to perform for 130 children at Dar Al Tufuleh Kuwait Orphanage and the other to



entertain 100 children at Kuwait City's School for the Handicapped.

Chief Damage Controlman Marty "Chyster" Wigginton, enjoyed breaking the language barrier with the children through laughter. "It's really hard performing in these foreign countries, because when the joke [to the kids] is in English, they don't really know when to laugh," said Wigginton, from Detroit. "The balloon skit goes over well with any audience because they understand the hand gestures."

"The service members' interaction here is so important because their uniforms represent protection and security for these children," said Barbara Longsworth, a training and research coordinator for the

ABH2 Jeffrey 'Sparky' Taylor entertains orphans at Dar Al-Tufuleh Kuwait Orphanage in Kuwait City.

Office of His Highness Amir of Kuwait, Social Development Office. "They know what the U.S. military represents here. The American uniform gives the children a feeling of being protected. It makes a difference."

As the troupe left the orphanage, four-year-old Lina had to be kept from clinging to the departing clowns. Longsworth reassured the child the clowns would return to the orphanage. ‡

Story by JO1 James E. Winburn, photos by PH1 Kraig Beck. Both are assigned to the public affairs office USS Abraham Lincoln (CVN 72).



USS Tarawa hosts NJROTC cadets

t was a surprise for crew members of the amphibious assault ship, USS Tarawa (LHA 1), when 23 high school students in khaki uniforms, resembling those worn by chiefs and officers, boarded the ship. Those young Sailors were Navy Junior Reserve Officer Training Corps (NJROTC) cadets coming aboard for two weeks of underway training, to learn what shipboard life is all about.

brought some of his cadets from W.P. Clements High School in Sugarland, Texas, to San Diego. It was a first-time experience aboard a Navy ship for some of them.

"After a year of learning about the Navy and its fleets, it's good to let the cadets experience first-hand what they've been taught," said

Hetherington. Their first week aboard the ship was spent underway for local operations, and each cadet spent a day with each department learning the ins and outs of daily sea life. They stood watches, pulled galley duty, loaded stores and performed other tasks typical of sea duty. "This gave them a more realistic idea of what Navy life is really like," said Hetherington.

Cadet Seaman Betty Chen is in Retired CAPT Don Hetherington her first year of NJROTC and had never been on a ship before. After working and living aboard Tarawa for two weeks, she said, "Navy life is not as bad as the horror stories you sometimes hear. It's actually fun. Everyone's been really friend-

> Cadet Petty Officer 2nd Class Jeffrey Willy has been in the

program for three years, and Tarawa is the second ship he's sailed in. He said visits aboard Navy ships have taught him a lot about how the Navy works. "It's a big group of people doing a lot of things — but they manage to get it together and work as a team," he said.

Hetherington said NIROTC teaches students about the military and also instills a better understanding of leadership, teamwork and citizenship. He sees the NIROTC as a means of teaching and reinforcing qualities that make the students better leaders and better people. "The kids put in a lot of extra time after school to make it work," he said. "This trip is the payoff, and the Sailors of Tarawa have helped make it a learning experience." ±

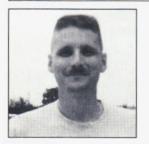
> Story by IO3 Scott Maddix, photo by PH3 Chad McNeeley. Both are assigned to USS Tarawa (LHA 1) public affairs office.

Midshipman 2nd Class Cruz (in sweater), shows (from left in hats), Cadet Seaman Loredo, Cadet Seaman Knudsen and other NJROTC visitors some of the equipment that keeps Tarawa running.



Shipmates





Hospital Corpsman 2nd Class Geoffrey W. Young was named Sailor of the Quarter 3rd Quarter 1995, at Hospital Corpsman "A" School, Great Lakes, Ill. Young, a Lyons, Kan., native, was cited for his volunteer services in the North Chicago community – organizing blood and bone marrow donor drives and support programs for the homeless.



Joe S. Cunningham, former business operations department head at Naval Aviation Depot, Cherry Point, N.C., received the Meritorious Civilian Service Award for his more than 34 years of outstanding government service and exceptional leadership for the Department of the Navy. Cunningham was presented the award at his retirement dinner in New Bern, N.C., this summer.



Radioman 2nd Class Kevin A. Washington received the Joint Service Commendation Medal for outstanding performance of duty while conducting message distribution, terminal installation and training at U.S. Naval Computer and Telecommunications Area Master Station Western Pacific. The Philadelphia native wants to earn a bachelor's degree in business management.



Yeoman 3rd Class Candy M. Murdock was recently recognized as Bluejacket of the Quarter for Naval Air Reserve San Diego. Murdock, a Southwick, Mass., native, is the active-duty services clerk, mail petty officer and manages the leave accounts for command personal. She started a mail consolidation plan that reduced commercial mail costs an average of \$200 per month.



LT Victor Cora, a maintenance officer assigned to the Mayport-based Helicopter Anti-Submarine Squadron (Light) Wing, Atlantic, is one of eight military members presented with the "Salute to Hispanics in the Military" award in Philadelphia. Cora, a New York City native, devotes the bulk of his time promoting public service campaigns and community awareness programs.

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FAVORITE QUOTE: "If you put your mind to it, you can do it."

PLACES VISITED WHILE IN THE NAVY: France, Turkey, Spain, Italy, Canada, Hawaii, California, Oregon and Mexico.

BEST PART OF THE JOB: "Taking care of the staff. I'm the only dental technician on the 3rd Fleet staff and I have total responsibility for dental readiness."

